

# OTTER TRAIL GUIDE

## TIDES FEB 2019

### DAY 1

**HUT:** Ngubu  
**DISTANCE:** 4.8 km  
**TIME:** 3.5 hours

**NOTES:**  
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

### DAY 2

**HUT:** Scott  
**DISTANCE:** 7.9 km  
**TIME:** 5.5 hours

**NOTES:**  
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

### DAY 3

**HUT:** Oakhurst  
**DISTANCE:** 7.7 km  
**TIME:** 5.5 hours

**NOTES:**  
Keep costume and sandals close to hand for two river crossings.

### DAY 4

**HUT:** Andre  
**DISTANCE:** 13.8 km  
**TIME:** 8 hours

**NOTES:**  
Major river crossing at Bloukraans River\*. See Profile Map below.

### DAY 5

**HUT:** De Vasselot  
**DISTANCE:** 8.8 km  
**TIME:** 3 hours

**NOTES:**  
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

\* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

**Please note:** This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0549	1934	0219	1426	0812	2047
2	0550	1933	0259	1505	0850	2118
3	0551	1932	0334	1540	0923	2147
4	0552	1931	0405	1611	0953	2214
5	0553	1930	0435	1641	1023	2241
6	0554	1930	0504	1709	1052	2307
7	0555	1929	0532	1736	1122	2333
8	0556	1928	0559	1804	1152	2359
9	0557	1927	0629	1832	1224	---
10	0558	1926	0701	1904	0027	1258
11	0559	1925	0737	1943	0059	1339
12	0600	1925	0824	2033	0137	1431
13	0600	1924	0928	2150	0230	1542
14	0601	1923	1102	2359	0354	1740
15	0602	1922	1241	---	0615	1916
16	0603	1921	0130	1351	0736	2013
17	0604	1920	0226	1445	0830	2059
18	0605	1919	0314	1534	0917	2140
19	0606	1918	0358	1619	1000	2220
20	0607	1916	0441	1700	1042	2257
21	0608	1915	0521	1740	1123	2333
22	0609	1914	0600	1817	1202	---
23	0610	1913	0638	1853	0008	1240
24	0611	1912	0715	1929	0043	1318
25	0611	1911	0754	2009	0118	1358
26	0612	1910	0839	2102	0159	1446
27	0613	1909	0947	2321	0255	1619
28	0614	1907	1208	---	0531	1905

## THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. [www.theotter.co.za](http://www.theotter.co.za)

